



PROGRESSIVE EXTRACTIONS & EXPORTS LIMITED

REGD. OFFICE : SHRI MOHAN PARISAR, 232, ZONE-1
MAHARANA PRATAP NAGAR, BHOPAL - 462 011 INDIA

C. I. N. No. L15141MP1981PTC001759

Date 14th January, 2016

Department of Corporate Services,
BSE Ltd.,
P.J Towers, Ground Floor,
Dalal Street,
Fort, Mumbai – 400 001

Kind Attn: Ms. Hetal Kotak / Mr. Troydon Bird,
AGM / DM

Ref : Progressive Extractions & Exports Ltd. (Scrip Code 531265)

Sub : Submission of Share holding pattern for the quarter ended on 31st December, 2015

With reference to the subject cited above, we are enclosing herewith Quarterly Compliance Clause 31
- Share holding pattern for the quarter ended on 31st December, 2015.

We request you to kindly take the above on record.

Thanking you.

Yours faithfully
(for Progressive Extractions & Exports Ltd.)

(Nitin Bhondwe)
Director
Encl : a.a



1. Name of Listed Entity:

PROGRESSIVE EXTRACTION & EXPORTS LTD

2. Scrip Code/Name of Scrip/Class of Security

531265

3. Share Holding Pattern Filed under:

Reg. 31(1)(a)/Reg. 31(1)(b)/Reg. 31(1)(c)

a. If under 31(1)(b) then indicate the report for Quarter ending:

31/12/2015

b. If under 31(1)(c) then indicate date of allotment/extinguishment:

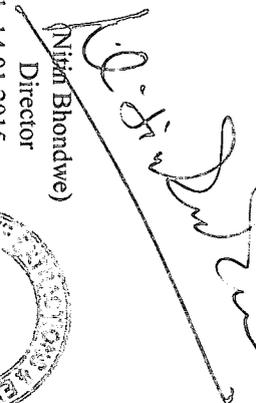
Not Applicable

4. Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-

Particulars	Yes *	No *
1 Whether the Listed Entity has issued any partly paid up shares?		NO*
2 Whether the Listed Entity has issued any Convertible Securities or Warrants?		NO*
3 Whether the Listed Entity has any shares against which depository receipts are issued?		NO*
4 Whether the Listed Entity has any shares in locked-in?		NO*
5 Whether any shares held by promoters are pledge or otherwise encumbered?		NO*

* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible. Securities /Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.

5 The tabular format for disclosure of holding of specified securities is as follows:-


(Nisha Bhondwe)
Director
Dated: 14.01.2015

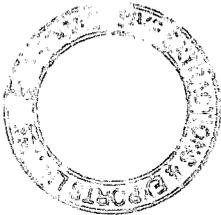


Table I-Summary Statement holding of specified securities

Category (I)	Category of shareholder (II)	Nos. of shareholders (III)	No. of fully paid up equity shares held (IV)	No. of Partly paid up equity shares held (V)	No. of shares underlying Depository Receipts (VI)	Total nos. shares held (VII) = (IV)+(V) + (VI)	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	Number of Voting Rights held in each class of securities (IX)			No. of Shares Underlying Outstanding convertible securities (including Warrants) (X)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI) = (VII)+(X) As a % of (A+B+C2)	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of equity shares held in dematerialized form (XIV)
								No of Voting Rights	Total	as a % of (A+B+C)			No. of Shares held (a)	As a % of total (b)	No. of Shares held (a)	As a % of total (b)	
(A)	Promoter & Promoter Group	9	2680600	0	0	2680600	74.37	0	0	0	0	0	0	0	0	1585300	
(B)	Public	833	923800	0	0	923800	25.63	0	0	0	0	0	0	0	0	438200	
(C)	Non Promoter-Non Public	0	0	0	0	0	0.00	0	0	0	0	0	0	0	0	0	
(C1)	Shares underlying DRs	0	0	0	0	0	NA	0	0	0	0	0	0	0	0	0	
(C2)	Shares held by Employee Trusts	0	0	0	0	0	0.00	0	0	0	0	0	0	0	0	0	
	Total	842	3604400	0	0	3604400	100.00	0	0	0	0	0	0	0	0	2023500	

Dated: 14.01.2015

(Signature)
 (Nitin Bhondwe)
 Director

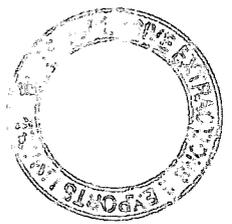


Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

(I)	Category & Name of the Shareholders (I)	PAN (II)	No. of shares held (III)	No. of fully paid up equity shares held (IV)	Partly paid-up equity shares held (V)	Nos. of shares underlying Depository Receipts (VI)	Total nos. shares held (VII) = IV+V+VI	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2) (VIII)	Number of Voting Rights held in each class of securities (IX)			Total % of (A+B+C)	No. of Outstanding Shares convertible (including Warrants) (X)	Shareholding assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI) = (VII)+(X) as a % of	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of equity shares held in dematerialized form (XIV)	
									No of Voting Rights	Class Shares eg: X	Class Shares eg: Y				No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)		
(I)	Indian		0	0			0	0											0	
(a)	Individuals/Hindu undivided Family																			
	RENU	ACVPM0236H	1	7000			7000	0.19421												7000
	MAHESHWARI																			
	SUNDEEP	AAAYPM3483D	1	181000			181000	5.02164												181000
	MAHESHWARI																			
	PRAFULA	ABGPM7615J	1	8000			8000	0.22195												8000
	MAHESHWARI																			
	BRJIKUNWAR DEVI	AFBPM3873R	1	7000			7000	0.19421												7000
	MAHESHWARI																			
	SUNJEEV	AFRPM8446E	1	7000			7000	0.19421												
	MAHESHWARI																			
	UMA	ACVPM0237G	1	7000			7000	0.19421												
	MAHESHWARI																			
	Central Government/ State Government(s)																			
(b)	Financial Institutions/ Banks																			
(c)																				

Contd....2

Table III - Statement showing shareholding pattern of the Public shareholder

(1) Category & Name of the Shareholders	(II) PAN	(III) No. of share holder	(IV) No. of fully paid up equity shares held	(V) Partly paid-up equity shares held	(VI) Nos. of shares underlying Depository Receipts	(VII) Total nos. shares held (IV+V+VI)	(VIII) Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C)	(IX) Number of Voting Rights held in each class of securities			(X) No. of Shares Underlying Outstanding convertible securities (including Warrants)	(XI) Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI) = (VII)+(X) as a % of A+B+C2	(XII) Number of Locked in shares		(XIII) Number of Shares pledged or otherwise encumbered		(XIV) Number of equity shares held in dematerialized form	
								Class eg: X	Class eg: Y	Total			As a % of total Shares held (a)	No. (Not applicable)	As a % of total Shares held (b)			
(1) Institutions		0	0			0	0										0	
(a) Mutual Funds/ Venture Capital Funds																		
(b) Alternate Investment Funds			0			0	0											0
(c) Foreign Venture Capital Investors																		
(d) Foreign Portfolio Investors																		
(e) Financial Institutions / Banks			0			0	0											0
(f) Insurance Companies / Provident Funds/ Pension Funds																		
(g) Any Other (Specify) Foreign Financial Investors			0			0	0											0
Sub-Total (B)(1)			0			0	0											0
(2) Central Government/ State Government(s)/ President of India																		
Sub-Total (B)(2)			0			0	0											0

Contd....2

Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder

Category & Name of the Shareholders (I)	PAN (II)	No. of shareholder (III)	No. of fully paid up equity shares held (IV)	Partly paid-up equity shares held (V)	Nos. of shares underlying Depository Receipts (VI)	Total nos. shares held (VII) = IV+V+VI	Shareholding % as per SCRR, 1957 (A+B+C2) (VIII)	Number of Voting Rights held in each class of securities (IX)			Total as a % of (A+B+C)	No. of Shares Underlying Outstanding convertible securities (including Warrants) (X)	Shareholding, as a % assuming full conversion of convertible securities (XI) = (VII)+(X) as a % of A+B+C2	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of dematerialized equity shares held in form (XIV)
								No of Voting Rights	Total	% of (A+B+C)				No. (a)	As a % of total Shares held (b)	No. (a) (Not applicable)	As a % of total Shares held (b)	
(1) Custodian/DR Holder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
(a) Name of DR Holder (if available)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
(I) abc,...	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
(II) efg,...	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
(2) Employee Benefit Trust (under SEBI (Share based Employee Benefit) Regulations, 2014)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
(a) Name (abc...)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total Non-Promoter- Non Public Shareholding (C) = (C)(1)+(C)(2)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Note

(1) PAN would not be displayed on website of Stock Exchange(s).

(2) The above format needs to disclose name of all holders holding more than 1% of total number of shares

(3) W.r.t. the information pertaining to Depository Receipts, the same may be disclosed in the respective columns to the extent information available.

(Signature)
 (Nitin Bhargava)
 Director

